

People First

Supporter magazine

Autumn 2022



Inside:

- Making history as HM King Charles III visits Wales
- Our new Lottery

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**Spare 2 hours
to learn how
to save a life!**

**SAVE A LIFE
THIS SEPTEMBER**

A letter from Helen

Hello!

Firstly, I want to begin by thanking you for your support, it really does go such a long way to helping us to carry out our lifesaving work.

The last few years have presented us with lots of challenges at St John Ambulance Cymru, and we're proud of the courage and dedication that is so synonymous with our St John people as we continued to work with our partners in the Welsh Ambulance Service and health boards across Wales, increasing capacity and resilience to respond to the pressures placed on our healthcare services by the on-going pandemic.

We have made real strides to live our mission to save lives and enhance the health and wellbeing of communities in Wales, by continuing to be there, when and where we are needed most.

We are confident that we can build on our successes to continue to grow and thrive for the next 100 years and beyond, taking us closer to our vision of 'First aid for everyone, anytime, anywhere'.



This magazine is a celebration of all the things that your support has helped us to achieve.

We are very much looking forward to sharing our stories with you.

Best wishes,

A handwritten signature in black ink, which appears to be 'Helen Smith', written in a cursive style.

Helen Smith, CEO St John Ambulance Cymru

If there's anything you'd like to see in a future edition then drop our communications team a message (press@sjacymru.org.uk). They'd love to hear from you!





HM Queen Elizabeth II and the Order of St John

The Priory of Wales, and all volunteers and staff at St John Ambulance were deeply saddened to hear of the death of Her Majesty The Queen.

Her Majesty became Sovereign Head of the Order of St John upon her accession in 1952 and was a great supporter of our work. Indeed, over 8,000 members of what was then the St John Ambulance Brigade volunteered at the Coronation in 1953. Many of them came from divisions in Wales.

Recognising the Order's work around the globe English and Welsh volunteers were joined by members from Northern Ireland, Jersey, Guernsey and the Isle of Man, South Africa, Canada, Australia, New Zealand, Malta and Gibraltar.

St John volunteers lined the route of the Coronation procession from the Buckingham Palace to Westminster Abbey.

As Sovereign Head of the Order of St John the Queen approved each recipient invested into the Order since 1952.

Her death sent the organisation into a period of deep mourning.

"We join members of the St John family around the world in mourning the passing of our Sovereign Head, HRH Queen Elizabeth II.

"Her Majesty's long service has been instrumental in allowing our Order to deliver first aid, healthcare, and support services to those in need both here in Wales and further afield.

"The Royal Family remain in our prayers."

Sir Paul Williams, OBE KStJ, DL
Prior for Wales



When he acceded the throne HM King Charles III became Sovereign Head of the Order of St John.

You can find out more about the Order here:





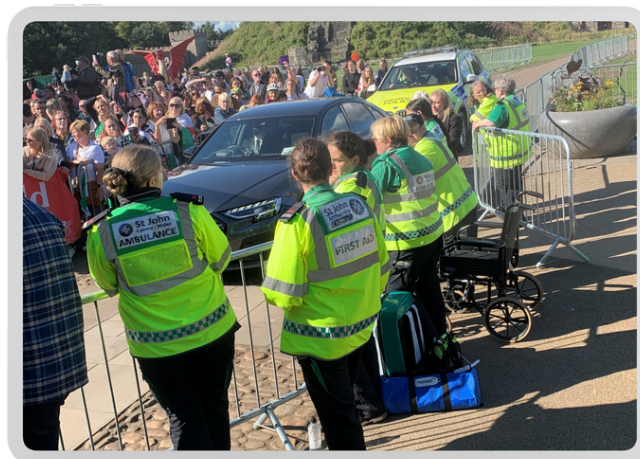
Making history

Since 1918 St John Ambulance Cymru has been there supporting at the biggest events in Welsh history.

We have been synonymous with care and compassion for over a century, helping the aftermath of the Aberfan Disaster, and keeping people safe as Wales won the Grand Slam.

As the news broke of the death of HM Queen Elizabeth II we once again stepped up to help communities across Wales to show their respect to the late Queen, and welcome the new King.

On Sunday 11th September our volunteers supported proclamation events across Wales, with St John Ambulance Cymru teams covering in Cardiff, Llanelli, Flintshire and Denbighshire.



We're proud of all the St John People who so willingly and selflessly gave up their time to support the Royal Visit, and welcome our new Sovereign Head to Wales, demonstrating the very best of St John Ambulance Cymru on such a high profile platform.

The pages of condolence filled with messages from our St John People the length and breadth of Wales will now be bound and taken to the Order Museum in London, where they will remain as a tribute to HM The Queen Elizabeth II, whose life of service and duty so reflects the values of St John Ambulance Cymru.



On Friday 16th September around 70 volunteers were present across various sites in Cardiff providing first aid and medical coverage for the anticipated crowds as HM King Charles III made his first visit to Wales.

This included first aiders, paramedics, nurses and a doctor, all giving up their time to support this historic event.



To help us to continue to be there for anyone, anytime, anywhere, please consider making a donation.





Your chance to win £10,000



Support St John Ambulance Cymru's lifesaving work by playing our lottery today.

Play for just
£2 per
week



You must be over 18 and a resident of Great Britain to play. Please gamble responsibly.

Registered with/Cofrestrwyd gyda'r



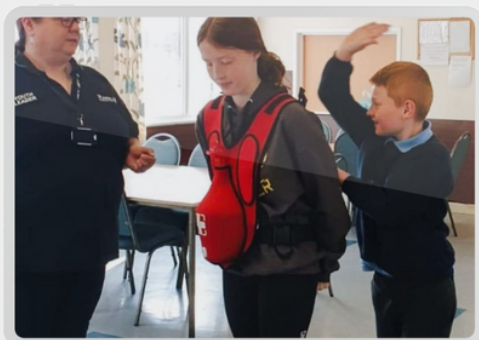
begambleaware.org



Children & Young People

Over 2,000 children and young people, starting from the age of five, learn first aid with us at one of our youth groups. Our programmes help teach the skills needed to save a life, give incredible learning experiences and help children and young people learn and grow in all aspects of life. Our programmes are taught across Wales at weekly meetings, led by our volunteer youth leaders.

Hero Harry



Just weeks ago, Harry learnt how to help a choking casualty. This weekend, he used his new skills at a family barbecue when his grandad began to choke. Knowing exactly what to do, he went into action and saved his grandad's life.

Well done Harry, and thank you to Badger Sett Officer, Lynne, for teaching the next generation of life-savers!

Fabulous fundraiser



Meet Badger Lucy, aged 9, who not only donated her hair to be made into a wig for young people with cancer but has also raised over £100 in sponsorship. Lucy, we are so unbelievably proud of you and your kindness ♥

Reshare from
@SJACNorthYouth



Here are our North Wales Cadets after a long day of activities and making new friends at Summer Camp!

International representatives



We're so proud of our Young People Laura and Karl who did a superb job of representing St John Ambulance Cymru at the St John International Grand Council 2022.



Children and young people join us for many different reasons. Whether you want to learn first aid skills, pursue a health care career or just make friends, then we have a place for you. Scan the QR Code for more information.

From the Archives

We have a proud history of over 100 years serving communities in Wales.

In this section we look back to celebrate the selfless service of generations of St John People.

If you have an old photograph you'd like to share we'd love to hear from you.

Drop us a message-
press@sjacymru.or.uk.



This edition we have this photograph of the 130th Field Ambulance Football team, taken way back in 1918.





Lifesaving lessons

Our training teams have empowered thousands of people with lifesaving skills for over 100 years.

In 2021 our community and commercial training programmes could once again teach people in person, and we strengthened our online and e-learning options, giving people more choice than ever in how they train with us.

St John Ambulance Cymru is a name synonymous with high standards, and the very best first aid training in Wales.

All St John Ambulance Cymru trainers are qualified teachers/assessors holding a minimum Level 3 Certificate in Learning & Development. Our trainers are carefully recruited from relevant backgrounds to ensure they have real life experience. We have trainers from police, army, education and medical backgrounds.



The money you spend with St John Ambulance Cymru helps us to provide free first aid training for all school children in Wales, allowing us to create the new generation of lifesavers.



What people say about us:

"A really good course and would highly recommend to anyone. It was very informative and the pace and style of delivery was spot on-so much easier to learn things when done in a fun way! Thank you."

"Informative, great tutor who made it enjoyable and fun."

"The trainer was lovely, had great knowledge and genuine interest in the topic, which made the course more enjoyable."



Get in touch for all your training needs.

tel: 0345 678 5646

email: training@sjacymru.org.uk



**St John
Ambulance
Cymru**



What we've been up to



Newport Reggae Riddim Festival



Keeping Elton John fans safe at Swansea.Com Stadium



Wrexham LINKS Student Society at Wrexham Glyndwr University



Our Community Training Team at the Royal Welsh Show



Meeting Health Minister Eluned Morgan, Minister for Health and Social Services, at the National Eisteddod



Our volunteer, Amy, proves not all heroes wear capes!



Our Wrexham Cadets attended their first ever event



We were finally able to gather together to celebrate our investiture for the first time in two years!



Get involved

Leave a lasting legacy

Making your will is one of the most important things you'll ever do. It ensures that your money and belongings will go to the people and causes you care about.

To save lives in Wales, our volunteers rely on the generosity of people like you to ensure future generations will have the lifesaving support our communities desperately need.

With your help, more people can be trained, ambitions can be made real and the long-term security of an essential service in Wales can be protected.

To make things easier for you, we've partnered with expert online will writers, offering you the chance to write your will for free. For more information, [click here](#).

To speak to us about your legacy, please email legacies@sjacymru.org.uk



Make a donation

Your donation to St John Ambulance Cymru allows us to train and equip healthcare volunteers to save lives as well as teaching others to do the same. Together we can work towards our vision which would allow first aid trained volunteers across Wales to provide first aid to everyone, anytime, anywhere.

You can make a donation by scanning the QR code,
by telephone (02920 449626),
or by email (fundraising@sjacymru.org.uk)



Volunteer with us

We're always looking for friendly and enthusiastic volunteers to join our team.

Our roles are flexible in terms of time and are available across Wales.

We know you'll want to make a real difference when you volunteer, but it's not just about what you can do for us or your community, our volunteers can get a lot out of the experience too.



Whether you have family commitments, work full-time, are a student or retired, we've got a role for you, and just ask that you help when you can. If you want to find out more about volunteering with St John Ambulance Cymru scan the QR Code opposite.



@SJACymru

St John
Ambulance
Cymru



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